



GINGER SPICE HEALTH, LLC

FOR STRAIGHT MEDICARE AND MEDICARE ADVANTAGE PATIENTS

· MEDICARE PART B:

- Nutrition counseling is covered ONLY with a diagnosis of diabetes, pre-dialysis kidney disease (CKD), or 36 months post kidney transplant. Medicare does NOT cover pre-diabetes or any other diagnosis.
- Telehealth is covered

FAQs :When using Medicare

- Medicare limits the amount of nutrition therapy to 3 hours for the first calendar year, whether it was provided by us, another dietitian or a combination of both. Medicare limits the amount of nutrition therapy to 2 hours for subsequent calendar years.
- Additional unlimited visits are covered after that when there is any change in your condition (labs, meds, status change) and your doctor sends us a NEW referral which is valid for the rest of the year.
- We request a referral from your Medicare doctor (MD or DO) – regular paperwork.

LINK click here-> <https://www.medicare.gov/coverage/medical-nutrition-therapy-services>

Medicare Advantage plans (a.k.a. Medicare Part C):

- These are plans offered through private insurance companies.
- Medicare Advantage Plans generally have the same coverage requirements and limits as Medicare part B, but there is possibility for additional coverage; you may call your insurance and find out.
- Referrals are still required.
- Our in-network insurance partners are Aetna, BlueCross BlueShield, Medica, HealthPartners, United Healthcare, UMR, Aetna/FirstHealth Network, Sanford Health, MultiPlan, and Medicaid.

Medicare Supplement plans (a.k.a. MediGap):

- These plans don't provide any additional benefits beyond straight Medicare. If straight Medicare won't cover it, a Medicare Supplement won't either. These plans only help cover copays, which don't apply to nutrition counseling.

Dietitians are NOT specialist on Medicare and there is NO copays

For patients doing Diabetes Self-Management Training (aka DSMT):

- If you have diabetes, you may also be eligible for DSMT, along with one-on-one visit with us for nutrition counseling (aka MNT) IF it's NOT on the same day (please keep this in mind when scheduling nutrition counseling appointment)



GINGER SPICE HEALTH, LLC

**MEDICARE /MEDICARE ADVANTAGE PATIENTS
SELF-PAY RATES, 2025 (10% DISCOUNTED RATES)**

*When Medicare Won't Cover, our Medicare folks still deserve the best care...
and we make it super-affordable for you!*



PAY-AS-YOU GO

Due right after the
end of each visit
using your credit
card on file
EACH visit

\$129



3-VISIT PACKAGE

Due right after
end of the **FIRST**
visit

BEST VALUE for

3 visits

\$359



5-VISIT PACKAGE

Due right after
end of the **FIRST**
visit

BEST VALUE for

5 visits

\$512

“ADD-ON VISIT” AFTER ANY BUNDLED OPTION- \$95

Each appointment is 60-75 minutes long.

Package rates: Used within the next 4 months from the first visit; bundled visit payment is due right after your **FIRST** visit.

A valid credit/debit card on file is required. You may pay us using HSA/FSA cards also. Invoice will be provided.

- 612-756-9894
- <https://www.gingerspicehealth.com/>
- Priyanka@gingerspicehealth.com